

FRIDAY

01/23/2026

 OLEXT-3

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Update

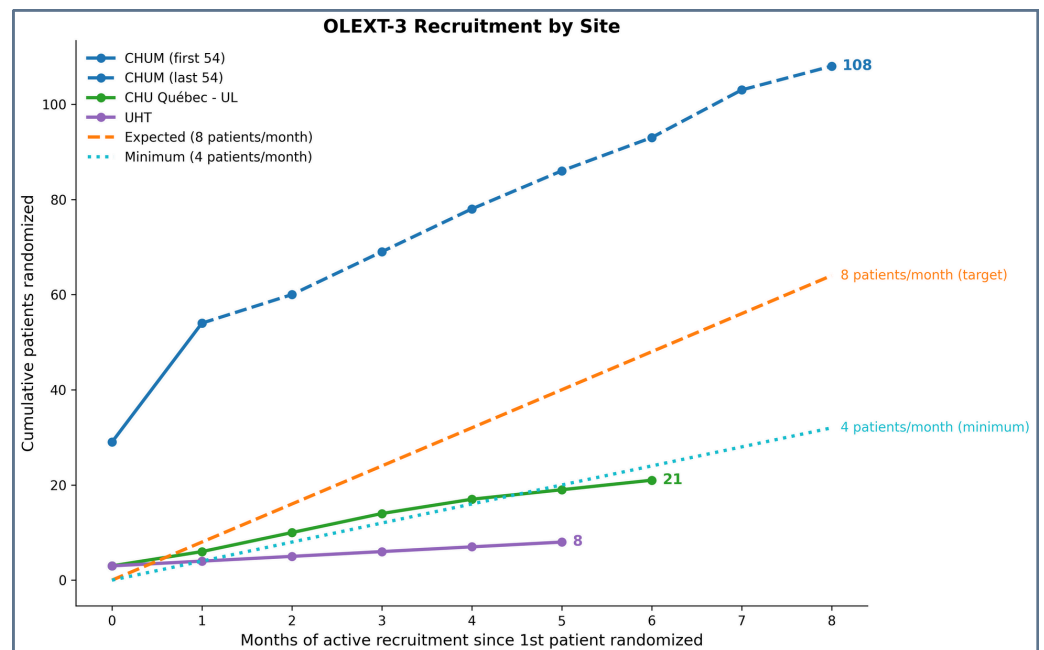
OLEXT-3 NEWSLETTER

1. Recruitment update

Site	Activation date	Patients recruited	Status
CHUM	October 7, 2024	54 + 54	Recruitment completed
CHU-QC-UL	May 29, 2025	21	Recruiting
UHT	May 29, 2025	8	Recruiting
TOH	SIV planned March 2026	0	Pending activation
Total		137	

We're listening!

Discussions are ongoing with individual sites to explore various solutions to **improve recruitment rates**. We would greatly appreciate hearing about **any challenges** you may be facing at your site. **Thank you** for your hard work and continued collaboration!



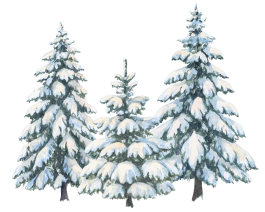
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2. Updated SOPs

Following a monitoring visit at the CHU de Québec - Université Laval site, a revised version of the SOPs has been shared with participating sites. The following updates were made to improve clarity and consistency in data collection:

Please inform us of any study team changes or REDCap access needs and share updated training and delegation logs as applicable. We remain available for any questions.

- Specified which preoperative medications should be listed.
- Clarified the definitions of laparoscopic and hybrid surgeries, and added guidance for completing the “Postoperative analgesic modalities / Other” field.
- Clarified how the “Type of surgical incision” component of the ARISCAT score should be assessed for laparoscopic-only surgeries.
- Updated instructions for completing the “Time of emergence” and “Time of ventilator mode change” fields.

Please review the updated SOPs and do not hesitate to contact us if you have any questions or require further clarification. Your input is always welcomed as it helps us improve this study and the future OLEXT-4 Trial.

3. Study documents available on the website

The Study Documents section of the OLEXT-3 website (olexttrial.com) now includes key reference materials, such as the study protocol and SOPs. Access to this section is password-protected.

Password: OLEXTSD

Please feel free to reach out if you have any questions or if additional documents would be helpful.

We would like to sincerely thank all participating sites for their continued engagement and efforts in supporting the OLEXT-3 study.

Your collaboration is essential to the success of this trial!

